



ARLINGTON STREET CHURCH

UNITARIAN UNIVERSALIST

Boston, Massachusetts

tinyurl.com/ASCZoom (video)

or (929) 436-2866 (phone)

[Meeting ID: 895 886 6876]

SUNDAY, FEBRUARY 1, 2026

PRELUDE

Eternity *Jihoon Park*
Long Long Ago *Yuriko Nakamura (b. 1958)*
Hyunju Jung (she/her), piano

WELCOME & GREETINGS Rev. Parisa Parsa (she/her), Transitional Minister
Patrick Cooleybeck (he/him), Worship Coordinator

AFFIRMATION & COVENANT

Love is the spirit of this congregation, and service is our gift.
This is our great covenant: to dwell together in peace,
To speak our truths in love, and to help one another.

*HYMN 40

The Morning Hangs a Signal text: *William Channing Gannett (1840–1923)*, rev.
music: *William Lloyd (1786–1852)*

The morning hangs a signal upon the mountain crest,
While all the sleeping valleys in silent darkness rest.
From peak to peak it flashes, it laughs along the sky,
Till glory of the sunlight on all the land shall lie.

Above the generations the lonely prophets rise,
While truth flares as the daystar within their glowing eyes;
And other eyes, beholding, are kindled from that flame;
And dawn becomes the morning, when prophets love proclaim.

The soul has lifted moments, above the drift of days,
When life's great meaning breaketh in sunrise on our ways.
Behold the radiant token of faith above all fear;
Night shall release its splendor that morning shall appear.

**You are invited to stand as you are willing and able.*

OPENING WORDS & CHALICE LIGHTING

The Heavens *Hank Hudepohl*
Rev. Parisa Parsa

CANTICLE

Out of the Stars text: *Rev. Robert Weston* (1899–1988)
music: *David Beaubien* (b. 1952), adapted: *Jason Shelton* (b. 1972)

Out of the stars in their flight,
out of the dust of eternity,
here have we come,
Stardust and sunlight,
mingling through time and through space.

Out of the stars have we come,
up from time.

Time out of time before time
in the vastness of space,
earth spun to orbit the sun,
Earth with the thunder of mountains newborn,
the boiling of seas.

Earth warmed by sun, lit by sunlight;
This is our home;
Out of the stars have we come.

Mystery hidden in mystery,
back through all time;
Mystery rising from rocks
in the storm and the sea.

Out of the stars, rising from rocks
and the sea,
kindled by sunlight on earth,
arose life.

Ponder this thing in your heart,
life up from sea:
Eyes to behold, throats to sing,
mates to love.

Life from the sea, warmed by sun,
washed by rain,
life from within, giving birth,
rose to love.

This is the wonder of time;
this is the marvel of space;
out of the stars swung the earth;
life upon earth rose to love.

This is the marvel of life,
rising to see and to know;
Out of your heart, cry wonder:
sing that we live.

COVENANT RENEWAL 2026: OUR COMMUNITY, MOVING FORWARD

Judy Chambliss

In this season of Covenant Renewal, we renew our commitment of love and service and
make pledges of financial gifts to support Arlington Street and our work in the world.

Covenant Renewal Sunday is March 1!

SONG

Human *Brandi Carlile* (b. 1981)

Sé (Shea) Brown (they/them), vocals

Mark David Buckles (he/him), piano and vocals

Sam LaGrego (he/him), percussion

Baby, you're only gonna hurt your back
Looking down like that, cut yourself a little more slack
Baby, you're gonna have a heart attack
And they won't thank you, they don't make awards for that
We know by now that time does not take sides

Chorus

We're only human
I don't need to see how to it ends
To tell you that we'll never be here again
We're only human
I just wanna feel my face in the sun
I never really wanted to hurt anyone
Forever only means we had a good run
We don't need to know to right now
It's hard enough being human

It's not like we're ever really gonna learn
And I'm no angel, I know we're gonna watch it burn
And baby, there isn't anywhere to run
And I won't blame you for seeing all the beauty in a wildfire sun
Tomorrow isn't nothing but a game that we used to play

Chorus

Baby, when you wake up, and it wasn't a dream
And you're tired of crying, you're too broken to scream
Shake your fist at the city, let it rip at the seams, be human
You're gonna hammer the street with your hands and your feet
Let the bitterness die, fall in time to the beat
When you look in the eyes of the strangers you meet
Be human
Feel, oh, feel

SERMON

Nothing Lasts Forever? Rev. Parisa Parsa

COMMUNITY CANDLES OF SORROW & JOY

There is a Love text: *Rev. Rebecca Parker* (b. 1953)
music: *Elizabeth Norton* (b. 1959)

Bek Zehr (they/them), mezzo soprano

There is a love holding us
There is a love holding all that we love

There is a love holding all
We rest in this love

*During the service, candles are welcome in the Zoom chat.
To have your candle of sorrow or joy read during the service,
please submit it in advance at tinyurl.com/ASCCandle.*

SILENT REFLECTION, MEDITATION & PRAYER

OUR SHARED RESPONSIBILITY

It's up to us to finance the beloved spiritual community we want to create! Today, we invite you to be part of Arlington Street's story of devotion, innovation, and transformative generosity.



WAYS TO GIVE

1. Scan the QR code
2. Visit tinyurl.com/GiveASC
3. Search @ArlingtonStreet on Venmo (Charities)
4. Text the word "GIVE" to (617) 300-0509
5. Mail a check to Arlington Street Church

If you would like to give regularly, you can set up automatic payments at tinyurl.com/GiveASC or by contacting Cheryl Sullivan Ops@ASCBoston.org. We encourage you to provide now for a future gift to Arlington Street by remembering the church in your will. Thank you for helping to ensure a robust future for our beloved spiritual community!

SHARE THE PLATE

Generosity is a spiritual practice at Arlington Street Church. Because sharing our resources transforms both ourselves and our world, we share our Sunday offering with a partner in our mission of love, service, justice, and peace.



This month's Share the Plate partner is **LUCE: Immigrant Justice Network of Massachusetts**. LUCE is a coalition of immigrant-led, grassroots organizations who build people power for everyone across Massachusetts.

LUCE moves grounded in principles of justice and equity, with a deep commitment to keeping all of our communities safe through grassroots organizing, information sharing, and mutual aid.

To make your gift, please scan the QR code above; visit tinyurl.com/GiveASC; or text the amount you want to give and the word SHARE (ex. \$50 SHARE) to (617) 300-0509.

Whatever you give is greatly appreciated. Thank you for your generosity!

OFFERTORY

We Are One music: *Brian Tate* (b. 1954)
text: *Deuteronomy 6:4-9, adapted by the composer*

When we walk, when we sleep, when we rise, we are one
When we laugh, when we sing, when we cry, when we run, we are one
And we shall love one another with all our hearts
And we shall care for each other with all our soul and our might

When we stand, when we fall, when we rise, we are one.
In the cold, in the heat, in the dark, in the sun, we are one
And we shall love one another with all our hearts
And we shall care for each other with all our soul and our might

When we're hurting one another, that's the way we hurt ourselves,
But with love for each other, we will rise.
And we do, and we try, we must live or we die
We will reach, we will climb, we will rise, we will fly, we are one

And these words shall be forever within our hearts
And we shall teach them to our children and remember them in our lives
When we walk, when we sleep, when we rise, we are one
When we laugh, when we sing, when we cry, when we run, we are one!

*HYMN 95

There Is More Love *African American Hymn*
additional lyrics: *Rev. Allison Palm* (b. 1987)

There is more love somewhere
There is more love somewhere
I'm gonna keep on 'til I find it
There is more love somewhere

There is more hope...

There is more peace...

There is more joy...

There is more love right here
There is more love right here
I'm gonna keep on 'cause I've found it
There is more love right here

*BENEDICTION & EXTINGUISHING THE CHALICE

***RECESSIONAL**

Tending the Spark *Heather Houston*
arrangement: *Mark David Buckles* (b. 1980)

And we will care for each other
As the world around us unravels
And we will tend to the spark
Of hope that lives within our grieving hearts

And we are here now in this present moment
Lifting our voices and hearts
And we are here now we have come together
We are tending the spark

Of hope...
Oh may it grow...

POSTLUDE

Song For You *Jin Kyung*
Hyunju Jung, piano



*Out of respect for Arlington Street Church members and friends who are Jewish,
we follow the tradition of not spelling out G-d's name.*



Arlington Street Staff Directory

Rev. Parisa Parsa (she/her) • Transitional Minister (SeniorMinister@ASCBoston.org)
Cheryl Sullivan (she/her) • Director of Finance & Operations (Ops@ASCBoston.org)
Mark David Buckles (he/him) • Director of Music (MBuckles@ASCBoston.org)
Jeff Fogleman (he/him) • Congregational Administrator (Office@ASCBoston.org)



Arlington Street Prudential Committee

The Prudential Committee is Arlington Street's elected, governing board.
"The Pru" is joined by Stephen Anable (Clerk) and Liz Teixeira (Treasurer)
in conducting the business of the church.

Kelly Anne Weaver, Chair
Sandy Dixon, Co-Chair
Dawn Bellamo

Bill Briggs
Cathy DeMatto
Hala Hazar

Art Nava
Laura Pattison
Darrell Waters

We welcome your questions
and suggestions at Pru_Chair@ASCBoston.org



This Week at Arlington Street ~ You Are Invited!

SUNDAY, FEBRUARY 1

11:00 am ~ Sunday Service (Sanctuary & Zoom)

12:00 pm ~ Potluck Lunch (Chapel)

MONDAY, FEBRUARY 2

12:00 pm ~ Monday Mettā (Zoom)

4:00 pm ~ Poems to Go On (Zoom)

WEDNESDAY, FEBRUARY 4

5:00 pm ~ Tea with the Minister (Zoom)

6:00 pm ~ Kundalini Yoga (Zoom)

THURSDAY, FEBRUARY 5

5:00 pm ~ Arlington Street Writes! (Zoom)

7:00 pm ~ Arlington Street Choir Rehearsal (Clarke Room)

SATURDAY, FEBRUARY 5

8:00 pm ~ New Opera Company of Boston (Parish Hall)

SUNDAY, FEBRUARY 8

11:00 am ~ Sunday Service (Sanctuary & Zoom)

12:00 pm ~ Special Congregational Meeting (Chapel & Zoom)

For details and Zoom links for these events and more,
please visit Arlingtonstreet.org.

Arlington Street Church, Unitarian Universalist

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